



October 2017

Lunch Menu

Middle School / Sturgis / Whitewood / Piedmont



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Chicken Strips, Mashed Potato/Gravy, Carrots, Mix Fruit, T-Roll, Variety Milk	3 Hamburger, Bun, Fries, Baked Beans, Apple, Variety Milk	4 Chicken Wings, Deli Roasters, Green Beans, Mand. Oranges, T-Roll, Variety Milk	5 Sandwich, Chips, Carrots, Broccoli, Applesauce, Variety Milk	6 NO SCHOOL	
Breakfast includes: Half-pint milk Fruit or Juice	9 NO SCHOOL	10 French Toast, Sausage Patty, Hash browns, Oranges, Carrots, Variety Milk	11 Chicken Drumstick, Mashed Potato/Gravy, Steam Broccoli, Peaches, T-Roll, Variety Milk	12 Super Nacho, Lettuce, Tomato, Nacho Cheese, Refried Beans, Pineapple, Breadstick, Variety Milk	13 Pizza, Toss Salad, Carrots & Celery, Mand. Oranges, Variety Milk	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
Lunch includes : Half-pint milk	16 Chicken Noodle Soup, Breadstick, Toss Salad & Cucumbers, Mand. Oranges, Variety Milk	17 Chicken Nugget, Mashed Potato, Gravy, Steam Broccoli, Peaches, T-Roll, Variety Milk	18 Walking Taco, Chips, Lettuce, Tomato, Cheese, Refried Beans, Pineapple, Cinn. Breadstick, Variety Milk	19 Mrs. Chicken or Mr. Rib, Bun, Sweet Potato Fries, Mix Fruit, Corn, Variety Milk	20 Meatball Sub, French Fries, Carrots, Pears, Variety Milk	To file a complaint of discrimination, write USDA, Director, Office of
Meal Prices: Breakfast — Student — \$1.90 Adult — \$2.15	23 Hamburger, Bun, Baked Beans, Corn, Apple, Variety Milk	24 Chicken Strips, Mashed Potato/Gravy, Steam Broccoli, T-Roll, Peaches, Variety Milk	25 Pizza Burger, Bun, Cheese, Green Beans, Potato Smiles, Pineapple, Variety Milk	26 Mr. Rib, Bun, Sweet Potato Fries, Peas, Pears, Variety Milk	27 Sandwich, Chips, Carrots & Celery, Mix Fruit, Variety Milk	Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC. 20250-9410 or call 1-800-795-3272 <u>Menu items are subject to change without notice.</u> Food Service Office 605-347-3601
Lunch — Middle / Elem only Student — \$2.85 Adult — \$3.35 Juice—.50 Ala Cart	30 Chicken Nuggets, Potato Roasters, T-Roll, Peaches, Steam Broccoli, Variety Milk	31 Taco Salad w/Dressing, Chips, Lettuce, Tomato, Cheese, Refried Beans, Pineapple, Breadstick, Variety Milk	1 Meatloaf, Mashed Potato/Gravy, Corn, Mix Fruit, T-Roll, Variety Milk	2 Tomato Soup, Grill Cheese, Carrots & Celery, Pear, Variety Milk	3 NO SCHOOL	Chef Salads and sandwiches will be offered daily



October 2017

Breakfast Menu

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Flavored Pancakes/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	3 Waffles/Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	4 Egg & Cheese Bis- cuit/Donut Holes/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	5 Yogurt Parfait/ Muffin/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Varie- ty Milk	6 NO SCHOOL	7
Breakfast in- cludes: Half-pint milk Fruit or Juice	9 NO SCHOOL	10 French Toast/ Cinnamon Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	11 Cinnamon & Sugar Toast/Donut Holes/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	12 Cheese Omelet &Toast/ Banana Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	13 Egg & Cheese Biscuit/Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	In accordance with Federal Law and U.S. Department of Agriculture policy, this insti- tution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
Lunch includes : Half-pint milk	16 French Toast/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	17 Scrambled Eggs/ Cinnamon Bread/ Yogurt/Cereal/Bagel/ Fruit, Toast, Juice & Variety Milk	18 Biscuits & Gravy/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	19 Cheese Omelet/ Long John/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Varie- ty Milk	20 Breakfast Pizza/ Donut Holes/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Varie- ty Milk	To file a complaint of discrimination, write USDA, Director, Office of
Meal Prices: Breakfast — Student — \$1.90 Adult — \$2.15	23 Egg & Cheese Biscuit/Cinn. Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	24 Flavored Pancakes/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	25 Cinn. & Sugar Toast/ Honey Bun/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	26 Scrambled Eggs & Toast/ Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	27 Cinnamon Roll/ Banana Bread/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC. 20250-9410 or call 1-800-795-3272 <u>Menu items are subject to change without notice.</u> Food Service Office 605-347-3601
Lunch — Middle / Elem only Student — \$2.85 Adult — \$3.35 Juice — .50 Ala Cart	30 French Toast/ Cinnamon Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	31 Cinnamon & Sugar Toast/Donut Holes/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	1 Cheese Omelet &Toast/ Banana Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	2 Egg & Cheese Biscuit/Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice & Variety Milk	3 NO SCHOOL	Chef Salads and sandwiches will be offered daily