




LUNCH 2018

Sturgis/Whitewood/Piedmont/Middle School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>2</p> <p><b>NO SCHOOL</b></p>	<p>3 Walking Taco, Chips, Lettuce, Tomato, Cheese, Refried Beans, Cinn. Breadstick, Pineapple</p>	<p>4 Chicken Patty, Bun, Steam Carrots, Potato Smiles, Mix Fruit</p>	<p>5 Mini Corn Dogs, Potato Roasters, Steam Broccoli, Pears</p>	<p>6 Cheese Pizza, Toss Salad, Carrots &amp; Celery, Frozen Peach Cup</p>	<p><b>Breakfast Includes:</b> Half-pint Milk Fruit or Juice</p>
	<p>9 Chicken Wings, Mashed Potato/Gravy Steam Broccoli, T-Roll, Grapes</p>	<p>10 Rib Patty, Bun, Sweet Potato Fries, Corn, Mix Fruit</p>	<p>11 Taco Salad, Chips, Lettuce, Tomato, Cheese, Refried Beans, Pineapple</p>	<p>12 Mac &amp; Cheese, Hot Dog, Bun, Peas, Baby Carrots, Apple</p>	<p>13 Meatball Sub w/ Mozz. Cheese, Fries, Green Beans, Pears</p>	<p><b>Lunch Includes:</b> Half-pint Milk</p>
	<p>16 Hamburger, Bun, Baked Beans, Potato Roasters, Strawberry Cup</p>	<p>17 Chicken Nuggets, Mashed Potato/Gravy, Steam Broccoli, T-Roll, Peaches</p>	<p>18 Taco Burger, Bun, Lettuce, Tomato, Cheese, Tater Tots, Pineapple</p>	<p>19 Corn Dog, Fries, Steam Carrots, Pears</p>	<p>20 Pocket Pizza, Toss Salad, Carrots &amp; Celery, Frozen Peach Cup</p>	<p><b>Sandwiches and Chef Salads offered daily</b></p>
	<p>23 Meatloaf w/Cheese, Mashed Potato/Gravy, T-Roll, Corn, Peaches</p>	<p>24 Terr. Chicken, Stir Fry Vegetables, Rice, Baby Carrots, Breadstick, Mand. Oranges, Fortune Cookie</p>	<p>25 Walking Taco, Chips, Lettuce, Tomato, Cheese, Refried Beans, Cinn. Breadstick, Pineapple</p>	<p>26 Chicken or Fish, Fries, T-Roll, Steam Broccoli, Mix Fruit</p>	<p>27 Turkey or Ham Sandwich, Chips, Carrots &amp; Celery, Applesauce Cup, Cookie</p>	<p><b>Meal Prices:</b> <b>Breakfast</b>— Student—\$1.90 Adult—\$2.15</p>
	<p>30 Hot Dog, Bun, Fries, Steam Broccoli, Frozen Peach Cup</p>	<p>1 Popcorn Chicken, Mashed Potato, Gravy, Corn, Grapes</p>	<p>2 Sloppy Joe, Bun, Baked Beans, Sweet Potato Fries, Apple</p>	<p>3 Barbecue Pork Sandwich, Bun, Potato Smiles, Green Beans, Mix Fruit</p>	<p>4 Cheese Pizza, Toss Salad, Carrots &amp; Celery, Pineapple</p>	<p><b>Lunch-</b> Middle/Elem only Student—\$2.85 Adult—\$3.55 Juice_ \$.50 Ala Cart</p>



Breakfast 2018 Sturgis/Whitewood/Piedmont/Middle School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>2</p> <p><b>NO SCHOOL</b></p>	<p>3 French Toast/ Cinnamon Bread/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>4 Cinnamon &amp; Sugar Toast/Donut Holes/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>5 Cheese Omelet &amp; Toast/ Banana Bread/Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>6 Open Face Egg &amp; Cheese Biscuit/Long John/Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p><b>Breakfast Includes:</b> Half-pint Milk Fruit or Juice</p>
	<p>9 Cheesy Eggs &amp; Toast/ Long John/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>10 Flavored Pancakes/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>11 Cinnamon &amp; Sugar Toast/Honey Bun/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>12 Cinnamon Roll/ Banana Bread/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>13 Open Face Egg &amp; Cheese Biscuit/ Cinn. Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p><b>Lunch Includes:</b> Half-pint Milk</p>
	<p>16 Breakfast Pizza/ Donut Holes/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>17 French Toast/ Banana Bread/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>18 Scrambled Eggs/ Cinnamon Bread/ Yogurt/Cereal/Bagel/ Fruit, Toast, Juice &amp; Variety Milk</p>	<p>19 Biscuit &amp; Gravy/ Cream Cheese Bagel/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>20 Cheese Omelet/ Long John/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p><b>Sandwiches and Chef Salads of- fered daily</b></p>
	<p>23 Open Face Egg &amp; Cheese Biscuit/ Cinnamon Bread/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>24 Flavored Pan- cakes/Cream Cheese Bagel/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>25 Cinnamon &amp; Sugar Toast/Honey Bun/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>26 Cinnamon Roll/ Banana Bread/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>27 Cheesy Eggs &amp; Toast/ Long John/ Yogurt/Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p><b>Meal Prices:</b> <b>Breakfast—</b> Student—\$1.90 Adult—\$2.15</p>
	<p>30 Breakfast Pizza/ Donut Holes/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>1 French Toast/ Banana Bread/ Yogurt/Cereal/ Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>2 Scrambled Eggs/ Cinnamon Bread/ Yogurt/Cereal/Bagel/ Fruit, Toast, Juice &amp; Variety Milk</p>	<p>3 Yogurt Parfait/ Muffin/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p>4 Cheese Omelet/ Long John/Yogurt/ Cereal/Bagel, Fruit, Toast, Juice &amp; Variety Milk</p>	<p><b>Lunch-</b> Middle/Elem only Student—\$2.85 Adult—\$3.55 Juice_ \$.50 Ala Cart</p>